

From the Front Cover

The Holy Apostle Timothy was born c. 17 AD in Lystra, Asia Minor, and was converted through the ministry of St Paul in the year 52. Soon after, the Apostle took him on a journey to Macedonia. Saint Augustine extols his zeal and faith for his ability to forsake the comforts of his life (his country, his house and his family) to live in poverty and suffer with the apostle. He became the Apostle Paul's co-worker and companion, receiving two letters from St Paul that are today found in the New Testament. These two books are a group of three books of the canonical New Testament, which are called pastoral epistles, because they addressed not to Christian communities but to spiritual shepherds-bishops with pastoral oversight of local churches, such as Timothy, who shepherded with ardor and self-denial the Church of Ephesus in Asia Minor.

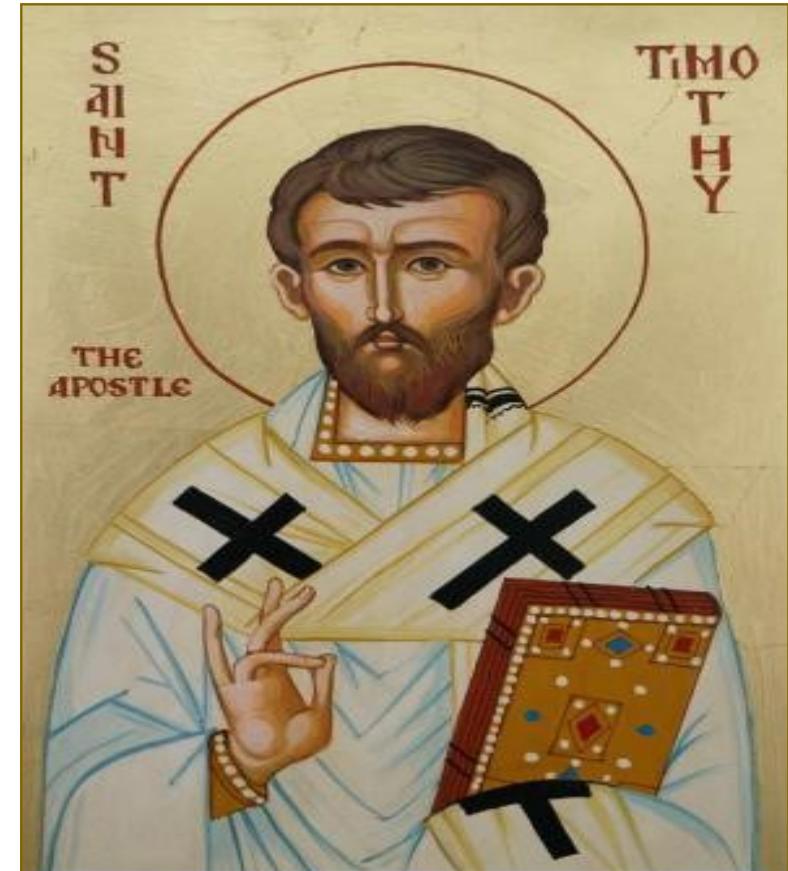
Like the Apostle Paul, he was imprisoned during the writing of the New Testament. His release from jail is mentioned at the end of Hebrews. Although ancient records do not state the exact reason for his imprisonment, it is likely to be because of his affiliation with the Apostle Paul and his preaching of the Gospel.

He had a close relationship with the Apostle Paul and the apostle entrusted him with "missions of great importance". The Apostle Paul said of him, *"I have no one like him"* (Phil. 2:2) due to his devotion to the Faith.

The Apostle Timothy was ordained the first bishop of Ephesus (located in modern-day Turkey) and served there for 15 years. The end of his service came when he was martyred by a mob of pagan worshipers. During the immoral festival of Katagogian, the Apostle Timothy tried to stop a procession honoring the goddess Diana by preaching the Gospel. Unfortunately, the pagans did not receive this well and beat him, dragged him through the streets and stoned him to death. His holy relics were transferred to Constantinople and placed in the Church of the Holy Apostles.

The Apostle Timothy also worked with the Holy Apostle John the Evangelist before his exile to Patmos.

Today, the Apostle Timothy is a patron saint to many and is invoked by those suffering stomach disorders. Many believe this to be because of his own suffering. Paul wrote in his first letter to Timothy: *"Stop drinking only water, but have a little wine for the sake of your stomach and your frequent illnesses"* (1 Timothy 5:23).



+ The Holy Apostle Timothy



Saint Mary Orthodox Church of West Palm Beach

*A Parish of the Diocese of Miami and the Southeast of the
Antiochian Orthodox Archdiocese of North America*

His Beatitude John X, Patriarch of Antioch

The Right Reverend Nicholas, *Bishop for Diocese of Miami and the Southeast*

The Very Reverend Father Peter Shportun, *Priest | Pastor*

Church Address: 1317 Florida Mango Road, West Palm Beach, Florida 33406

(561) 965-5007 *(Church Office)* (561) 632-7066 *(Fr. Peter's Cellular)*

Email: stmaryschurch@bellsouth.net *Website:* stmaryschurchwpb.org

Church Office Hours: Tuesday - Friday 10:30 AM to 2:30 PM, by appointment

Banquet Hall Rentals: Maribel Perez - (561) 721-5696

Welcome!

Whether you are a parishioner or a visitor, we are glad you have chosen to pray with us at Saint Mary's. As a friendly reminder, please observe the following upon entering the church for prayer.

- If you arrive after the services begin, try to enter the Church quietly and observe what is happening. Try not to interrupt the service by your entrance.
- Please silence your cellular telephones.
- Please place your offerings in the basket on the table in the Church Narthex (Entrance), or the Offering Tray when passed.
- You are invited join us in the Banquet Hall for coffee and refreshments following the Sunday Divine Liturgy.

Home Blessings for 2023

Fr. Peter continues with the traditional 'Blessing of Homes.' He will be blessing homes until the end of February. To schedule an appointment to have your home blessed, you may do one of the following:

1. Complete the form sent to your home, or that have been placed on the table in the Narthex, and either mail or hand it to Fr. Peter.
2. You may also telephone/text Fr. Peter at 561. 632-7066, or email him at frpshport@gmail.com.

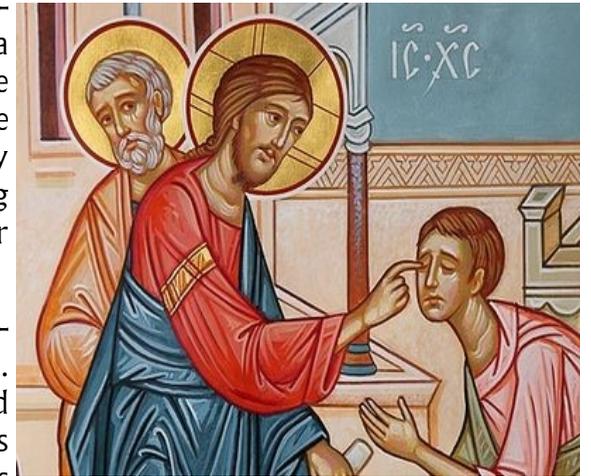


Sin As Illness

by Abbot Tryphon

Church As Hospital Of The Soul

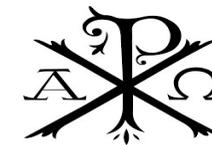
Our Orthodox Faith defines sin as an illness that is in need of healing, not as a crime that requires punishment. The Church is a hospital for the soul whose therapists (priests) first sought therapy and then became therapists. As a healing institution the Church is the place for broken souls.



We come before Christ as tarnished images, far from that which God intended. Yet this very Creator God is patient and loving, quick to forgive. Our God invites us to holiness, to be made whole. His grace is sufficient to lift us up out of our mire and into the heights of a joy and gladness that is meant to be eternal. We need only to humble ourselves and ask for help and the Kingdom is ours.

Heaven and hell are not about location, but about relationships. All that is needed is our responsive word, followed by action. We say yes to God's invitation while seeking out the therapy that is ours within the life of the Church.

Wholeness (holiness) is ours through this relationship with Christ, Who's redemptive act upon the Cross, together with His having conquered death by death, delivers us from the depths of estrangement. We are lifted up to God, having been made whole, and eternal communion with God is our destiny.



The Very. Rev. Abbot Tryphon is Igumen of All-Merciful Saviour Monastery on Vashon Island, Washington. This and other articles may be found on his website abbottryphon.com



Schedule of Church Services

Sunday, January 22nd

Matins at 8:50 AM; Divine Liturgy at 10:00 AM

Wednesday, January 25th

Vespers at 6:30 PM

Sunday, January 29th

Matins at 8:50 AM; Divine Liturgy at 10:00 AM

Wednesday, February 1st

Feast of the Presentation of Christ into the Temple

Vesperal Divine Liturgy at 6:30 PM

Upcoming Services in February

Saturday, February 18th

Soul Saturday

Divine Liturgy at 9:00 AM, followed by Trisagion [Memorial] Service

Sunday, February 26th

Forgiveness Sunday Vespers at 6:30 PM

- ◆ **Great Lent begins Monday, February 27th**
- ◆ **Pascha [Easter] is Sunday, April 16th**

Fr. Peter is available for Confession:

- *By appointment;*
- *Prior to Sunday Matins (8:30 to 8:50 AM);*
- *Prior to Wednesday Vespers and Feast Day Services (6:00 to 6:30PM).*

Divine Liturgy Variables for the Thirty-second Sunday after Pentecost & Fifteenth Sunday of Luke +Holy Apostle Timothy & +Anastasios the Persian

The Divine Liturgy of St. John Chrysostom is celebrated on this day. The service text may be found beginning on page 91 in the Red Service Book in the pews. Please read The 'Prayers of Thanksgiving After Holy Communion' on pages 128–131 in the Red Service Book in the pews.

- *During the Little Entrance, Resurrectional Apolytikion is sung. The Eisodikon [Entrance Hymn] is "O come, let us worship... save us, O Son of God, Who art risen from the dead..." After the Little Entrance, the hymns are chanted in the following order:*

Resurrectional Apolytikion in Tone 7

Thou didst shatter death by Thy Cross, Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment-bearing women into joy. And didst bid Thine Apostles proclaim a warning, that Thou hast risen O Christ, granting to the world the Great Mercy.

Apolytikion of the Holy Apostle Timothy in Tone 4

Since thou has been instructed in uprightness thoroughly and was vigilant in all things, thou was clothed with a good conscience as befits one holy. Thou didst draw from the Chosen Vessel ineffable mysteries; and having kept the Faith, thou didst finish the course, O Hieromartyr and Apostle Timothy. Intercede with Christ God that our souls may be saved.

Apolytikion of the Saint Anastasios in Tone 4

Thy Martyr, O Lord, in his courageous contest for Thee * received as the prize the crowns of incorruption and life from Thee, our immortal God. * For since he possessed Thy strength, he cast down the tyrants * and wholly destroyed the demons' strengthless presumption. * O Christ God, by his prayers, save our souls, since Thou art merciful.

Apolytikion of the Church [Dormition] in Tone 1

In thy birth-giving, O Theotokos, thou didst keep and preserve virginity; and in thy falling-asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore, by thine intercessions, deliver our souls from death.

Kontakion of the Presentation of Christ in Tone 1

Thou, O Christ God, Who by Thy Birth, didst sanctify the Virgin's womb, and, as is meet, didst bless Simeon's arms, and didst also come to save us; preserve Thy fold in wars, and confirm them whom Thou didst love, for Thou alone art the Lover of mankind.

The Epistle

Prokeimenon Verse: The Lord will give strength to His people. Ascribe to the Lord, O sons of God; ascribe to the Lord honor and glory.

The Reading from the First Epistle of St. Paul to St. Timothy. (4:9-15)

Timothy, my son, the saying is sure and worthy of full acceptance. For to this end we toil and strive, because we have our hope set on the living God, Who is the Savior of all men, especially of those who believe. Command and teach these things. Let no one despise your youth, but set the believers an example in speech and conduct, in love, in faith, in purity. Until I come, attend to the public reading of scripture, to preaching, to teaching. Do not neglect the gift you have, which was given you by prophetic utterance when the council of elders laid their hands upon you. Practice these duties; devote yourself to them, so that all may see your progress.

الرسالة

الرَّبُّ يُعْطِي قُوَّةً لَشَعْبِهِ.

قَدِّمُوا لِلرَّبِّ يَا أَبْنَاءَ اللَّهِ، قَدِّمُوا لِلرَّبِّ مَجْدًا وَكِرَامَةً.

فصل من رسالة القديس بولس الرسول الأولى إلى تيموثاوس. (15-9:4)

يا ولدي تيموثاوس، صادقة هي الكلمة وجديرة بكل قبول فإننا لهذا نتعب ونعير، لأننا ألقينا رجاءنا على الله الحي

الذي هو مخلص الناس أجمعين، ولا سيما المؤمنين. فوص بهذا وعلم به. لا يستهن أحد بفئوتك، بل كن مثلاً

للمؤمنين في الكلام والنصر والمحبة والإيمان والعفاف. واطب على القراءة إلى حين قدومي، وعلى الوعظ والتعليم،

ولا تهمل الموهبة التي فيك، التي أوتيتها بنبوّة، بوضع أيدي الكهنة * تأمل في ذلك وكن عليه عاكفاً ليكون تقدّمك

ظاهراً في كل شيء.



2023
Winter Haftli

SATURDAY, FEBRUARY 25TH

FEATURING
"STAR" BASSEL EID
MUSICIAN FADI HARDAN
BELLYDANCE
BY CHEEKY BELLY



ST. MARY'S BANQUET HALL
1317 FLORIDA MANGO ROAD
WEST PALM BEACH

DOORS OPEN AT 7:30PM
CASH BAR COCKTAIL HOUR
DINNER AT 9:00PM

\$90 IN ADVANCE, \$100 AT THE DOOR

FOR TICKETS AND INFORMATION CONTACT
NABIL ABOUKHALED: 561-502-8588
JANE PASLEY: 561-389-0346



ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE
OF NORTH AMERICA

Special Convention Nominates Three Candidates for Office of Metropolitan

Hundreds of clergy and laity from across the Antiochian Archdiocese gathered for the Special Convention on Jan. 13, 2023 in Dallas, Texas to nominate three candidates for the office of Metropolitan of New York and All North America.

His Eminence Metropolitan Antonios, Patriarchal Vicar, presided, conveying the love and blessings of His Beatitude Patriarch John X of Antioch and All the East, praying that the Holy Spirit would guide the delegates in their discernment.

"You meet to send the names of three nominees as candidates to the care and wisdom of the Holy Synod," His Beatitude said in his statement read aloud at the convention. "The Synod is entrusted to ask the Great Shepherd of our souls to guide our Antiochian Church in choosing an Archbishop to shepherd the Archdiocese during the coming phase, which, as we all discern, shall be full of challenges in a turbulent world. For this, I ask with you the intercessions of the Holy Theotokos, Saints Peter and Paul the founders of the Church of Antioch, and Saint Raphael of Brooklyn to guide the works of your Special Convention."

"Beloved in Christ, I thank the Lord for giving me the chance to be with you and for that he endowed us with the blessings of being together and preparing with the board of trustees and the temporary committee this very important special convention," Sayidna Antonios said in his report.

Each voting delegate cast one ballot, choosing from among nine candidates. The nominees, listed in alphabetical order by first name, are: His Grace Bishop John Abdalah; His Grace Bishop Nicholas Ozone; His Eminence Metropolitan Saba Isper. His Eminence has submitted these names to His Beatitude who will share them with the Holy Synod of Antioch in consideration of their election of the next Metropolitan at a meeting scheduled for February 22, 2023, at the Balamand, Lebanon.

"His Beatitude sends you all his love, adding that we are one family and one church," Sayidna Antonios told the assembly. "He is proud of the bishops, clergy and parishes of this great archdiocese. He was happy to know this Special Convention was a great manifestation of the love of the Lord, the Church, the Archdiocese and the Antiochian See."

The Gospel

The Reading from the Holy Gospel according to St. Luke. (19:1-10)

At that time, Jesus entered Jericho and was passing through. And there was a man named Zacchaeus; he was a chief tax collector, and rich. And he sought to see Who Jesus was, but could not, on account of the crowd, because he was small of stature. So he ran on ahead and climbed up into a sycamore tree to see Jesus, for He was to pass that way. And when Jesus came to the place, He looked up and said to him, "Zacchaeus, make haste and come down; for I must stay at your house today." So he made haste and came down, and received Him joyfully. And when they saw it they all murmured, "He has gone in to be the guest of a man who is a sinner." And Zacchaeus stood and said to the Lord, "Behold, Lord, the half of my goods I give to the poor; and if I have defrauded anyone of anything, I restore it fourfold." And Jesus said to him, "Today salvation has come to this house, since he also is a son of Abraham; for the Son of man came to seek and to save the lost."

الإنجيل

فَصَلِّ شَرِيفٌ مِنْ بَشَارَةِ الْقَدِّيسِ لَوْقَا الْإِنْجِيلِيِّ الْبَشِيرِ وَالتَّمْلِيذِ الطَّاهِرِ. (10-1:19)

في ذلك الزمان، فيما يسوع مُجْتَازاً في أريحا، إذا بِرَجُلٍ اسْمُهُ زَكَا كَانَ رَئِيساً عَلَى الْعَشَّارِينَ، وَكَانَ غَنِيّاً وَكَانَ يَلْتَمِسُ أَنْ يَرَى يَسُوعَ مَنْ هُوَ، فَلَمْ يَكُنْ يَسْتَطِيعُ مِنَ الْجَمْعِ لِأَنَّهُ كَانَ قَصِيرَ الْقَامَةِ فَتَقَدَّمَ مُسْرِعاً، وَصَعِدَ إِلَى جُمَيْرَةٍ لِيَنْظُرَهُ، لِأَنَّهُ كَانَ مُزْمِعاً أَنْ يَجْتَازَ بِهَا فَلَمَّا انْتَهَى يَسُوعُ إِلَى الْمَوْضِعِ، رَفَعَ طَرْفَهُ فَرَأَاهُ، فَقَالَ لَهُ: يَا زَكَا اسْرِعْ انزِلْ، فَالْيَوْمَ يَنْبَغِي لِي أَنْ أَمْكُثَ فِي بَيْتِكَ فَأَسْرِعْ وَنَزَلْ وَقَبِلْهُ فَرِحاً* فَلَمَّا رَأَى الْجَمِيعُ ذَلِكَ تَدَمَّرُوا قَائِلِينَ: إِنَّهُ دَخَلَ لِيَخْلَعَ عِنْدَ رَجُلٍ خَاطِيٍّ. "فَوَقَّفَ زَكَا وَقَالَ لِيَسُوعَ: هَاءَئِنْدَا، يَا رَبُّ، أُعْطِيَ الْمَسَاكِينَ نِصْفَ أَمْوَالِي. وَإِنْ كُنْتُ قَدْ غَبَنْتُ أَحَدًا فِي شَيْءٍ، أَرُدُّ أَرْبَعَةَ أَضْعَافٍ فَقَالَ لَهُ يَسُوعُ: الْيَوْمَ قَدْ حَصَلَ الْخَلَاصُ لِهَذَا الْبَيْتِ لِأَنَّهُ هُوَ أَيْضاً ابْنُ إِبْرَاهِيمَ لِأَنَّ ابْنَ الْبَشَرِ إِنَّمَا أَتَى لِيَطْلُبَ وَيُخَلِّصَ مَا قَدْ هَلَكَ.

- *The Divine Liturgy of St. John Chrysostom continues as usual.*

Liturgical Offerings

Weekly Altar Candle offered for the week of January 22nd

- In glory of the Most-Holy Trinity: Father, Son and Holy Spirit.

If you wish to offer Holy Bread for a Divine Liturgy, or a Weekly Altar Candle for the health of or memory of a love one, please speak with Fr. Peter.



Please Remember In Your Prayers

For the Living

"Is any sick among you? Let him call for the elders of the church; and let them pray over him, anointing him with oil in the name of the Lord." James 5: 14

For the Good Health of the Servants of God: Archpriest Michael & Matushka Annette Zaparyniuk, Michael, Sub-Deacon William Hall, Jodet Rae, Leon & Judy Chalhub, Johnny & Joyce Chalhub, Jenna Welch, Shane Brown, Raouf Saballeil, Jennifer Joseph Zicky, Marie-Therese Habib, Sabah, Luizette Aramouni, Craig Miller.

For the Shut-ins of our Church Community: Gloria Yedlinsky, Lidia Pawlcuk, Angie Smith, Zakia Salloum.

For all persecuted Christians and all people suffering from violence, war, captivity, hunger, and homelessness throughout this world.

For those serving in our armed forces here and abroad: Christopher Smith, Jonathan Shportun, Alexios Gavrilos.

For the Departed

"With the spirits of the righteous made perfect, give rest O Lord to the souls of Thy servants..."

George Freije (10/26/22), Ernest Shwayri (9/29/22), Basil Dalack (9/1/22), Sarah Nabhan (9/5/22), Thomas Eissey (5/4/22), Margo Fankhauser (5/3/22).

Seven Day Prayer Candles Offered

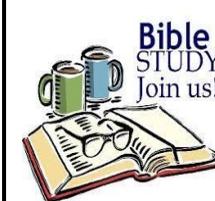
By Leon & Judy Chalhub for the Children of God Ezra and Melody.

- *If you would like to have names offered in prayer during the Sunday Divine Liturgy, or Feast Day Divine Liturgy, please text or email their names to Fr. Peter in advance of the service.*
- *When offering a Seven Day Prayer Candle, please list only the names that you are praying for, and are asking the church community to pray for. Please do not include greetings, birthday and anniversary wishes, etc.*

Annual Parish Meeting

This Sunday, January 22, 2023
11:45 AM - Saint Mary's Banquet Hall

Official Notice and Information have been mailed to your homes.



Weekly Bible Study

Bible Study this coming Tuesday, January 17th, from 6:45 to 8:00 PM in the Conference Room. Led by Jim Gavrilos, the topic will be the New Testament Book of Romans.

Coffee Hour This Sunday

Is hosted by the Parish Council as part of The Annual Meeting.

Coffee Hour Hosts are needed for the months of January and February. If you would like to host a Sunday Coffee Hour, please speak to Jane Pasley or Khouryia Myriam.

Sunday School and Teen Classes

Classes are held each Sunday morning following Communion, and last approximately 30 minutes.

Learning CPR

Are you interested in learning CPR? Currently, about 9 in 10 people who have cardiac arrest outside the hospital die. But CPR can help improve those odds. If it is performed in the first few minutes of cardiac arrest, CPR can double or triple a person's chance of survival. Sponsored by the Parish Council, classes are being planned in the near future for our parishioners. More information is forthcoming.

- If you did not receive a 2023 Church Calendar, extra calendars have been placed on the table in the Church Narthex. Please feel free to take one.